

Home School Athletic Association 2017 Cross Country

Friday Night Social Runs

Held every Friday located at a different park around the North Dallas Area. This is Free, family and friends welcome. Meet the coaching staff, team mates, enjoy a light social run of 3 or less miles. A separate flyer will be sent out with all the details.

Registration

Registration is conducted online on the registration website

www.hsaacrosscountry.org

Budget has not been approved yet, this site will be updated shortly and we will keep you posted on the price for the 2017 season

Registration Meetings

There will be two registration meetings both will be held at THEO. We ask that you attend one or the other. Uniforms and warm ups will be available to try on for sizing. We will cover the season in detail.

Season Starts July 31

Our first formal practice will be held on Tuesday August 1st but the first required at home workout will start on Monday, July 31. Practices are held at Hoblitzelle Park in Plano, Legacy and Custer. Every Tuesday and Thursday evenings through the end of the season, mid October.

Camp

A three day camp held at Lake Lavon and open to all who sign up for cross country. Details for the camp will be given during the registration meetings. Cost of the camp is pending budget approval.



DATES TO REMEMBER

May 26 through June 28
Friday Night Social Runs

May 27 through June 24
Online Registration

May 27 and June 24
Registration Meetings

August 1
Practice Begins

August 3 through August 5
Camp

Questions: Paul Cordell
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